

Parenting On Purpose

The 5 Basic Parenting Styles

People parent their children differently – your method of parenting impacts the development as well as the behavior of your children. These different approaches will have distinguishing characteristics that make up five parenting styles.

The Problem Parenting Styles

1. DOMINEERING

Goal: To control behavior

<i>When Parents Are...</i>	<i>Children Become...</i>
<ul style="list-style-type: none">• overcontrolling• not flexible• performance-oriented (vs. people-oriented)• critical• black/white thinkers	<ul style="list-style-type: none">• rebellious• fearful of failure• under or overachievers • overly sensitive to criticism• bitter

2. DOTING

Goal: To control feelings

<i>When Parents Are...</i>	<i>Children Become...</i>
<ul style="list-style-type: none">• overprotecting• yielding to pressure• desperate for harmony• rescuing• too helpful	<ul style="list-style-type: none">• spoiled• manipulative• disrespectful• irresponsible• helpless

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3. DEPENDENT

Goal: To control behavior and feelings

When Parents Are...

- possessive
- manipulative
- suspicious
- inconsistent
- controlling

Children Become...

- fearful
- deceitful
- jealous
- indecisive
- passive

4. DETACHED

Goal: To avoid responsibility for failure

When Parents Are...

- apathetic
- ambivalent
- uninvolved
- lacking follow-through
- lacking boundaries

Children Become...

- self-sufficient
- emotionally hardened
- rebellious
- underachievers
- insecure

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5. DEVELOPING

Goal: To develop character

When Parents Are...

- loving
- encouraging
- comforting
- sincere
- teaching

Children Become...

- secure
- confident
- compassionate
- honest
- wise